

Ask a Doctor of Audiology

About hearing loss and hearing devices



Will Helton, Au.D., FAAA, CCC-A

Board Certified in Audiology

Doctor of Audiology



Q. Why you may think you don't have a hearing challenge..

A. If you're like most people, you're used to thinking of hearing as something that happens in your ears. What people often don't think about is what happens **between** their ears, in the hearing part of their brain. That's where sound becomes information that has meaning. Your brain has to work hard to make this happen. When the sound signals from your ears are compromised, your brain has to work even harder to fill in the gaps. This extra effort can take its toll. When this first occurs, you may not realize that you are starting to have a hearing challenge because your brain works harder to compensate for it. One of the first signs may simply be you feel extra tired at the end of the day.

If you notice that your hearing is not what it used to be, we recommend you have your hearing tested by our doctors of audiology at Helton Hearing Care. Studies have shown that, over time, untreated hearing loss can lead to isolation, depression and an increase in the risk of cognitive decline, and even dementia. It is very important to take care of your hearing health the same way you care about the rest of your health because there is a lot more riding on it than just your hearing.

Call us today (406) 586-0914

*Have questions? Find us on Facebook
or visit our website at www.heltonhearing.com*



Established 1980

1008 N.7th Ave., Suite H,
Bozeman, MT 59715

www.heltonhearing.com

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