

# Ask a Doctor of Audiology

About hearing loss and hearing devices



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## **Q.** Will Hearing Devices Improve the Quality of My Life?

**A.** A large number of independent studies have shown that hearing devices significantly improve the quality of life for hearing impaired people. In addition to social isolation and the inability to follow conversations, hearing loss has been associated with fatigue, embarrassment, stress, anger and even depression. Because hearing devices vastly improve users' communications abilities, they are more likely to engage with families and friends and to perform better in the workplace. This has been shown to boost users' overall confidence and self-esteem and to foster improved psychological, social and emotional health. In fact, hearing instrument users actually enjoy better over-all physical/mental health than non-users with untreated hearing loss. Don't let hearing loss constrict your life. Get the help you have been missing.

**Call us today (406) 586-0914**

*Have questions? Find us on Facebook  
or visit our website at [www.heltonhearing.com](http://www.heltonhearing.com)*



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