

MEDICATION RESTRICTIONS FOR ALLERGY TESTING:

14 DAYS PRIOR TO TESTING:	ZYRTEC (CETIRIZINE) XYZAL (LEVOCETIRIZINE)
10 DAYS PRIOR TO TESTING:	CLARITIN (LORATADINE) CLARINEX (DESLORATADINE) ALAVERT
7 DAYS PRIOR TO TESTING:	ALLEGRA/ALLEGRA D (FEXOFENADINE) ANTIVERT (MECLIZINE) PALGIC ASTELIN/ASTEPRO/OPTIVAR/DYMISTA (AZELASTINE) PATANASE/PATANOL/PATADAY/PAZEO (OLOPATADINE) AMITRIPTYLINE NORTRIPTYLINE
3 DAYS PRIOR TO TESTING:	PHENERGAN (PROMETHAZINE) VISTARIL/ATARAX (HYDROXYZINE) BENADRYL (DIPHENHYDRAMINE) PM PAIN RELIEVERS TAGAMET PEPCID AXID ZANTAC

- THERE ARE CERTAIN **ANTIDEPRESSANTS** AND **ANTICONVULSANTS** THAT MAY INTERFERE WITH SKIN TESTING AND MUST BE DISCONTINUED. PLEASE NOTIFY OUR OFFICE IF YOU ARE CURRENTLY TAKING EITHER OF THESE. WE DO NOT RECOMMEND DISCONTINUING ANY OF THESE MEDICATIONS WITHOUT YOUR DOCTOR'S CONSENT.
- MEDICATIONS CALLED **BETA BLOCKERS**, WHICH ARE FREQUENTLY GIVEN FOR HIGH BLOOD PRESSURE, HEART CONDITIONS AND MIGRAINE HEADACHES ARE VERY DANGEROUS TO TAKE IN CONJUNCTION WITH ALLERGY TESTING AND TREATMENT. PLEASE NOTIFY US IF YOU ARE TAKING MEDICATIONS PRESCRIBED FOR THE LISTED CONDITIONS, OR THINK YOU MAY BE TAKING THIS TYPE OF MEDICATION.
- PLEASE CONTACT OUR OFFICE IF YOU ARE TAKING ANY OVER THE COUNTER MEDICATIONS FOR ALLERGY OR SINUS TROUBLE THAT ARE NOT LISTED HERE AS THERE ARE MANY THAT MAY INTERFERE WITH OUR TESTING.