

...because your life is worth hearing

Are you getting the most out of your hearing aids?

Congratulations! You have made the decision to invest in the quality of your life and to wear hearing aids. Are you doing everything you can to prolong the lifetime of your hearing aids and keep them working like new? Hearing aids should be professionally cleaned every 3 months by The Hearing Center. Even if you clean your hearing aids daily and are diligent about keeping wax and moisture out of them, you still produce wax and debris that get inside the electronics. It is also important to have your hearing aids vacuumed and cleaned by us every three months, as well as having us check your ears for wax. Wax can build up and stop a hearing aid from functioning properly. Please contact us at 513-895-4327 to schedule your complimentary clean & check visit now. Let us help you get the most of our your hearing aids!

Looking for a Unique Holiday Gift for Someone?



Custom fit, in the ear headphones make an excellent and unique gift that is sure to delight! Our custom fit headphones provide a pure listening experience with no outside noise or muffled sound. They are so comfortable; you will forget you are wearing them. Plus they won't ever fall out of your ears. They are perfect for runners, exercise buffs, music lovers and travelers. You can purchase a gift card for your loved one by calling us at 513-895-4327.

PATIENT SPOTLIGHT



Charlene VonHagen

Tell us a little bit about your job.

I'm an Administrative Assistant at Cincinnati Children's Hospital Medical Center. I've been there for almost 12 years. I support 6 Radiologists and love the challenge that each and every day brings.

How long have you worn hearing aids?

I have worn hearing aids for almost 2 years.

Why did you finally decide to wear hearing aids?

My decision to look into hearing aids was my own. I slowly realized that I was missing a lot in conversations, TV, and at meetings at work.

What is your favorite sound, now that you can hear?

My favorite sound to hear now, is probably the TV. Now that I have hearing aids I feel as though I literally "turn off" the world when I take them out at night. That tells me exactly what I was missing before. There's a huge difference! I hear it now, and I am grateful to finally be able to function much better at work and at home.

What do you do for fun?

For fun I mostly enjoy being with my kids and 8 Grandkids. We bike and play at the park and vacation together. I laugh because if I ask one of the grandkids to repeat something, they say, "Grandma do you have your ears in?"

What does your family think about your "new ears"?

My family is happy that I have decided wear H.A's. It's an improvement in my life and we all can tell the difference.

What's your favorite thing about The Hearing Center?

My favorite thing about The Hearing Center is the friendly casual atmosphere. Joy and Chris have so much expertise between the two of them that they can answer any question you have and always have a solution to any problem that you have, whether it be hearing in conversation, on the phone or in a crowded restaurant. They are not satisfied, until you are!

Tips for Better Hearing during the Holidays

The holidays are upon us! For many people, this is a wonderful time of year. It's a time to sit around a table and share a laugh with close friends and family.

Unfortunately, with untreated hearing loss, however, it can be a very frustrating time. It doesn't have to be, though. Here are a few tips to ensure you have a more enjoyable experience:

- Schedule an appointment for a hearing evaluation.
- If you already have hearing aids, bring them in for cleaning and maintenance to make sure they are performing optimally.
- Before getting together with loved ones, make sure your hearing aid batteries are fresh.
- When traveling, bring extra supplies like more batteries and a spare set of hearing aids, just in case.
- Step into a quieter room for a more intimate conversation every once in a while. Straining to follow along can be tiring. It's good to allow your ears (and your brain) to rest.
- If you plan on being out in wet, snowy weather, make sure to have your ears and hearing devices covered and protected.
- At the dinner table, make sure to sit next to someone who will fill you in if you miss a punch line.
- Don't sit facing the window because the glare can be distracting and interfere with lipreading. It's a good idea to sit by someone you're used to lipreading.
- Make sure the TV is turned off to minimize background noise, and let the host know what you need in advance.

One of Our Favorite Holiday Recipes: Pumpkin Cheesecake

Ingredients

Crust

- 1 1/4 cup graham crackers & gingersnap crumbs
- 1 teaspoon pumpkin pie spices
- 1/4 cup melted butter

Pumpkin cheesecake filling

- 2 packages 8 oz each room temperature cream cheese
- 1/3 cup granulated sugar
- 2 tablespoons heavy cream
- 1 egg
- 1 cup canned or homemade pumpkin puree
- 1/3 cup brown sugar
- 1/2 teaspoon pumpkin pie spices



Instructions

1. Heat oven to 375°F.
2. In small bowl, mix the crumbs with the spices and the melted butter. With your fingers, press evenly on the bottom and the sides of a 9" round pan with removable bottom.
3. Refrigerate for 5-10 minutes.
4. In a mixing bowl add the cream cheese, 1/3 cup sugar and heavy cream. With the paddle attachment on, stir on low speed until fluffy.
5. Add the egg and blend well.
6. Reserve 2/3 cup of the cheese mixture.
7. Add the pumpkin puree, brown sugar and pumpkin pie spices to the remaining cheese mixture.
8. Blend well.
9. Pour the pumpkin cheese mixture into the chilled crust. Spread evenly.
10. With a spoon, drop dollops of the reserved cream cheese mixture and make some swirls with a fork or knife.
11. Bake in preheated oven for 25 minutes or until the center is set.
12. Turn the oven off, leave the door open and let the cheesecake to cool for at least 1 hour. Run a knife around the cheesecake for easy removal of the pan.
13. Refrigerate for a couple of hours before slicing.

Stop by The Hearing Center for a slice of our home-made Pumpkin Cheesecake on Friday, November 21st!

Our Art Gallery

Did you know that The Hearing Center is proud to showcase a rotating gallery wall, where we display the works of a local artist every quarter? We believe that life is worth hearing, and also seeing! Enjoying all the senses, especially hearing and sight are blessings in life. We are delighted to support the local arts in our community by celebrating the works of local artists on our walls at The Hearing Center. Please stop by anytime to view the beautiful art, have a cup of coffee and a cookie.

Our Winter 2014 Featured Artist is Sarah Cook. Sarah Cook's "Positive Energy!" mantra drives her work as an artist and teacher. Sarah was born and raised in Hamilton. She attended Badin High School and went on to Xavier University, where she earned a degree in Fine Art and a Masters in Education. She has been teaching art at Nagel Middle School for the past 15 years. Sarah hopes her work encourages contemplation of our relationships with others and ourselves. Her work will be on display until December 15, 2014.



Tell a Loved One!

Your kind referrals will help our practice grow. We love having patients like you. If you have family or friends that would benefit from better hearing and personalized Audiology care, we welcome you to send them our way.

Simply have your hearing impaired loved one schedule an appointment with us. Tell them to mention your referral. Their hearing evaluation will be FREE. When their appointment is completed, we will send you a \$50 Visa Gift Card!



Like us on Facebook and receive a free pack of batteries!

Go to:

<https://www.facebook.com/yourhearingcenter>





3373 Princeton Road
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SAVE THE DATE- Holiday Party at The Wine Guy

As a token of our appreciation for choosing us to be your hearing healthcare providers, please join us for a Holiday Appreciation Celebration.

Please join us for fun, food, and festivities on **Tuesday, December 9th** at The W.G. Kitchen & Bar at Bridgewater Falls. Spaces are limited;

please reserve your spot now by calling **513-895-4327**. Select 12-2 or 5-7 option.

(stop by any time during the afternoon or evening slot).

