



mountain
audiology

Hearing Lifestyle Questionnaire

Name _____

Date _____

At Mountain Audiology, we take pride in evaluating the “whole” lifestyle of the patient. Before making a hearing instrument recommendation, we evaluate the hearing loss and ask questions regarding lifestyle. We strive to not over fit a patient with technology that is not need.

Please take a moment and answer the following questions about your hearing lifestyle as best you can by checking the appropriate response.

Do you ever experience ringing or buzzing in one or both ears?

- Right
- Left
- Both

Do you hear better in one ear than the other? If yes, please select the ear that you hear best.

- I hear best in my RIGHT ear
- I hear best in my LEFT ear

Your Perceptions					
Please check the box that most describes your condition	Always	Frequently	Sometimes	No	Not Sure
Do you ever have trouble determining where sounds come from?					
Does it seem like people do not speak as clearly as they used to?					
Do you feel you have to strain to understand conversations?					
Do many of the people you talk with seem to mumble?					
Do you often think, “my hearing isn’t as good as it used to be?”					
Do you have difficulty hearing when someone speaks in a whisper?					
Do you feel that your hearing limits or hampers your personal or social life?					

Technology					
Please check the box that most describes your condition	Always	Frequently	Sometimes	No	Not Sure
Is it difficult to hear on a telephone and/or cell phone?					
Do you miss hearing some common sounds, such as the phone or doorbell?					
Do you listen to the TV or radio at a loud volume, or have trouble understanding conversations on TV?					
Do you have a history of industrial or work related noise exposure, such as working in a factory or airport?					



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Your Friends and Family					
Please check the box that most describes your condition	Always	Frequently	Sometimes	No	Not Sure
Have family members and friends told you they think you might have hearing loss?					
Do you have difficulty hearing words spoken by your grandchildren (or other children)?					
Do friends or members of your family get frustrated and claim that you misunderstood what they said?					
Does a hearing problem cause you to feel frustrated when talking to members of your family?					
Does a hearing problem cause you to feel embarrassed when you meet new people?					
Does a hearing problem cause you to have arguments with family members?					
Does a hearing problem cause you difficulty when visiting friends, relatives or neighbors?					

Crowds					
Please check the box that most describes your condition	Always	Frequently	Sometimes	No	Not Sure
Does a hearing problem prevent you from attending large group situations less often than they would like?					
Do you avoid social activities for fear that you won't be able to hear properly?					
Do you have trouble understanding speakers at large gatherings?					
Do you have trouble hearing conversations in a noisy background such as a crowded room or restaurant?					
Do you have trouble following conversations when two or more people are talking at the same time?					
Do you have difficulty hearing at religious services, movies, lectures, musical, or theatre events?					