

503 E Bell St, Ste 312  
Murfreesboro, TN 37130

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**Murfreesboro**  
503 E Bell St, Ste 312  
615.848.9265

**Call today for an  
appointment.**

**Smyrna**  
300 StoneCrest Blvd, Ste 375  
615.223.9913

*Helping you hear better  
because your hearing matters.*

**Walk-In Hours**

**Thursday 1:30pm-4pm**

What is a Walk-In? A Walk-In is a time set aside for hearing aid users to come by our Murfreesboro Office for cleanings and basic hearing aid repairs such as tubing changes and battery door replacements. No appointment is needed for this first-come first-serve opportunity!

Just walk in!

**Audiological Care**

Audiological Care is the protection, preservation, evaluation, and treatment of the hearing and balance functions of the human audio-vestibular system, and is provided by audiologists, either individually or as part of a health care team, who use their professional skills to improve the quality of life for each patient.



For more information, visit our website at  
[www.hearingmatters.org](http://www.hearingmatters.org)

# Hearing Matters

Fall 2007

Middle TN Ear, Nose & Throat



## CLEAR SPEECH

- Speaking accurately and fully forming your words
- Naturally speaking slower (this happens automatically when you attempt to be clearer)
- Naturally speaking louder (your voice raises automatically when you attempt clearer)
- Speaking lively, with a full range of voice intonation (tone) and stress on key words
- Speaking with pauses between all phrases and sentences



## Welcome our newest audiologist...



**Aurora Phelps, MA, CCC-A**

As we are sad to see Jennifer Romine leave to pursue a career opportunity in Nashville, we are delighted to welcome Aurora Phelps. Aurora is a graduate of UT, Knoxville, with over 16 years of experience in audiology. She enjoys reading, walking her Siberian Husky, and spending time with her husband and two active boys.

## Communication Strategies

- ♦ **Get the person's attention first.** Making sure you have the attention of the person you are talking to will help ensure that you are heard.
- ♦ **Speak face to face.** Your brain uses visual cues to help fill in the missing pieces that you don't hear.
- ♦ **Remove background noise.** Turn off televisions, radios, running water, etc which can add noise to the listening environment making it very difficult communicate.
- ♦ **Remove objects, hands, etc from face when talking.** A clear view of each person's mouth is an important visual cue needed in communication.
- ♦ **Speak slowly and clearly.**
- ♦ **Be patient.** Sometimes it is just hard to hear in certain situations (i.e. restaurants, parties, etc).

**HEARING**  
does not equal  
**LISTENING.**