

## ERIC J. FURST, M.D.

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*Specialty:* Ear, Nose & Throat, Head & Neck Surgery, Board Certified.  
Sleep Medicine, Board Certified

### *Education*

B.S. Zoology, University of Massachusetts, Amherst, MA. 1977-1980

University of New Hampshire, Durham, NH. 1975-1977

M.S. Public Health, University of Massachusetts, Amherst, MA. 1980-1982

M.D. Baylor College of Medicine, Houston, TX. 1982-1986.

Resident, General Surgery, Baylor College of Medicine, Houston, TX. 1986-1988

Resident, Otolaryngology, Baylor College of Medicine, Houston, TX. 1988-1992

### Honors:

- Graduated Magna Cum Laude, University of Massachusetts.
- Awarded "Best Medical Student Research Project" in Otolaryngology, Baylor College of Medicine, 1986.
- Elected Chief, E.N.T. Section, Vencor Hospital of Arlington, 1995.
- Elected Special Consultant to FDA for the ENT Device Section, April 1999.
- Elected one of Washington's "Top Doctors", Washington Magazine 2002, 2005, 2008, 2010, 2012

### *Work Experience*

- Falls Church Medical Center, Falls Church, Virginia, July 1992- September 1995

Private practice in a multispecialty group.

- Solo practice October 1995 to present

### *Research*

- Developed a guinea pig heterologous transfusion model to evaluate the effects of oxidant stressors on humans with G-6-PD deficiency, 1981-1982.
- Evaluated the ability of persons to modulate their rotatory induced vestibulo-ocular reflex gain, by tracking nonvisual targets, both moving and stationary. 1985-1986.
- Performed Genetic Linkage analysis on two families with both MEN-2A syndromes and Hereditary
- Cutaneous Lichen Amyloidosis, 1989.

### *Presentations at Meetings*

- Presented results of V.O.R. research at the Association for Research in Otolaryngology in Clearwater Beach, Florida, 1986.
- Presented linkage analysis data at the American Academy of Otolaryngology, Head and Neck Surgery Research Forum in San Diego, California, 1990.
- Invited speaker for the Ear, Nose and Throat Devices Section at F.D.A. in Rockville, Maryland on three occasions between 1997 and 1999.
- Invited speaker for the American Academy of Otolaryngology, Head and Neck Surgery Annual Meeting in San Antonio, Texas, September 1998.
- Invited speaker for the "Paul H. Streit Memorial Seminar" at the Uniformed Services University of the Health Sciences, August 2000.

### *Published Articles*

- Furst, EJ (1982): Guinea Pig Heterologous Transfusion Model: A Potential Predictive Instrument For the Effects of Environmental Oxidant Stressors On Humans With G-6-PD Deficiency or B-Thalassemia. Masters Thesis, University of Massachusetts, Amherst, MA.
- Calabrese, EJ and Furst, EJ (1984): Animal Model For Blood Hereditary Disorders: Environmental Applications. Cold Spring Harbor Laboratory, Banbury Report 16:213-222.
- Donovan, DT, Levy, ML, Furst, FJ, Alford, BR, Wheeler, T, Tschen, JA, and Gagel, RF: Familial Cutaneous Lichen Amyloidosis in Association with MEN-2A: A New Variant. Henry Ford Hospital Journal, January 1990.

### Abstracts:

- Goldberg, J, Furst, EJ, Icaza, E, and Jenkins, M: Adjustments in V.O.R. Required By Visual Fixation. The 7th International Physiologic Adaptation of Man in Space Symposium, Houston, TX. February 1986.
- Furst, EJ, Nunziata, V., Smith, RJH, Donovan, DT, Alford, BR, Svensson, MF, Meitmanick, JR, and Gage, RF: The Utilization of Closely Linked DNA Markers for the Diagnosis of Hereditary Medullary Thyroid Carcinoma. The American Academy of Otolaryngology, Head & Neck Surgery Research Forum, San Diego, CA. September 1990.

### *Media Presentations*

- Featured and interviewed for local T.V., radio and newspaper stories, including Channel 4, Channel 5, Channel 7, Channel 9, WTOP, WMAL, Fairfax Journal, Washington Times, and Washington Post. The topics discussed included snoring, sleep apnea, surgery for voice restoration, smell and taste disorders, and dangerous "over-the-counter" E.N.T. treatments.

## *Appointments*

### Committee

- Surgery Review Committee, 1992 - Present.
  - Credentials Committee, Vencor Hospital of Arlington, 1992 - Present.
  - Associate Director, Vencor Hospital Sleep Disorders Laboratory, March 1995 - Present.
  - Chief, ENT Section, Vencor Hospital of Arlington, July 1995 - July 1999.
  - Special Consultant, Ear/Nose/Throat Devices Panel, F.D.A., September 1998- Present.
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- Fairfax Hospital (Active) 1992 - Present.
  - Vencor Hospital (Active) 1992 - Present.
  - Fair Oaks Hospital (Courtesy) 1993 - Present.
  - Prince William Hospital (Courtesy) 1993 - Present.

### *Professional Memberships*

- American Medical Association
- American Academy of Otolaryngology, Head and Neck Surgery
- Nova Med Society
- VA Society of Otolaryngology
- American Society of Sleep Medicine