

# Advanced Hearing Center

1223 Lake Pointe Pkwy  
Sugar Land, TX 77478

Your appointment is on:

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Date	Day	Time
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The testing will take about 2-3 hours. **If you cannot keep your appointment please notify us as soon as possible @ 281-491-0200.** Please bring your completed paperwork with you to your appointment.

### **Guidelines for your test:**

Certain medications may affect the test you will be having. We ask that you should avoid the following medications for 48 hours:

1. Anti-dizzy medications such as:  
Antivert, Meclizine, Scopolamine, Phenergan, Ru-vert, Dramamine
2. Antihistamines or cold or allergy medications such as:  
Chlor-Trimeton, Dimetane, Disoprol, Benadryl, Actifed, Triaminic  
& any other over the counter cold remedies
3. Aspirin
4. Herbal Remedies (Ginkgo or Valerian)
5. Caffeine (coffee, tea, cola, chocolates) **(24 hours)**
6. Alcoholic beverages

Please **do not eat or drink anything for a period of 4 hours** before your test.

**Do not apply any make-up, cream, or lotion to your face the day of your test. No false eyelashes.** Dress comfortably in loose fitting pants and shoes with flat heels.

If you wear glasses or contacts bring them to the appointment but **do not wear your contacts.**

We **highly recommend** you bring someone with you to this appointment.